



Suffolk Kyokushin Karate
Nowton Village Hall
The Pound
Nowton
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Judges & New Rules Seminar

Suffolk Kyokushin is holding a Judges and New Rules for kumite training course on **Saturday 28th October 2017 12.30pm-4.30pm at the above address** ahead of the forthcoming British Open tournament in November.

The Course is vital for existing judges wishing to participate in the officiating teams at national tournament level. Judges need to be up to date with the relevant rules, especially as there has been significant changes in IKO tournaments. The rules for officials and judges at tournaments is the same throughout IKO worldwide.

It is also important for the team coaches and fighters to be equally trained. Attending a judges course and qualification is a grading requirement for prospective Shodan's.

The course will be conducted by Sensei Brett, Shihan Mac, Sensei Orlando, Sensei Mark and Sensei Steve. It will cover:-

- Judging etiquette and changes
- Legal & Illegal techniques
- Use of Flags and Whistle
- Uniforms
- Refereeing terminology

This would be followed by a practical session on new introduced kumite rule methods so Dogi will be required.

Cost will be £5, this has been kept low as we understand there is travelling costs incurred.

Please bring own lunch, however refreshments will also be available free of charge.

I can assist and advise if anybody needs accommodation. Also there is training on the Sunday morning at the Dojo should anyone staying wish to join.

Osu!

Sensei Brett